

<b>Project title: METABOLIC SYNDROME IN PEOPLE TREATED WITH ANTIPSYCHOTICS: A MULTIMETHOD INVESTIGATION OF GENETIC, BEHAVIOURAL AND ENVIRONMENTAL RISK FACTORS (RISKMET)</b>	
<b>Project ID PNRR-MAD-2022-12375751</b>	
<b>CUP: C83C22001290001</b>	
<p><b>Description:</b> The RISKMet project was created with the goal of investigating Metabolic Syndrome in patients treated with second-generation antipsychotic drugs—therapies that are essential for mental health but often associated with significant physical side effects. Overweight, diabetes, sleep disorders, and cardiovascular diseases represent concrete risks that reduce both the quality and the expectancy of life for those taking these medications.</p> <p>To address this challenge, RISKMet proposes a multidisciplinary approach that integrates genetics, individual behaviors, and environmental factors. The study is structured in three phases: a comparison between patients with and without metabolic syndrome, an in-depth assessment of health status through clinical, genetic, and microbiological tests, and finally, prospective monitoring using digital tools such as apps and accelerometers to evaluate sleep, physical activity, and eating habits. The innovation lies precisely in combining traditional methods with new technologies, in order to build personalized risk profiles and identify strategies for prevention and early intervention.</p>	
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<b>Website:</b> <a href="https://riskmet.it/">https://riskmet.it/</a>	